

## Drumming for your Life

Drumming for your life has been a great way for me to express myself. The Program is a program that they should have in schools & other types of places, to give kids the opportunity to learn how to express there self in different ways, Before they end up in a place like this. When ever tuesdays and thursdays come around I' feel refreshed because it feels like during the program I'm lifting a lot of my chest each week. And each topic that we do is a benifial topic that can help us when we get out to the streets. I'm really glad we have a chance to attend this program.