

Testimonials ALMA Family Centers

April 21st, 2023

Sara Moran: The Life Skills program has helped me to stay positive and to keep my mental health sanity

Maria Raya: Thank you Julio for your patience and for facilitating this classes week after week. I have finally learned how to love and accept myself through the Life Skills program

Joe Garcia: Thank you Julio for your kindness and generosity. I have been greatly blessed and motivated by joining this group

Silvia Montellano: Life Skills has been like water in the desert and it has brought much wisdom to my soul

Lydia Garcia: I love attending this class and I have learned a lot about myself. May god bless both Julio and Alma family services!

Silvia Troche: I love attending the Life Skills online sessions and I am growing because of it